

Healthy Refreshments *featuring* WELSTAR Herbal Tinctures

Herbal Martinis \$4.⁰⁰ *therapeutic and delicious*

Gingy Lemon with Defend & Strengthen & Echinacea tincture. Boosts immune. *(contains Saint Johns Wort)*

Pineapple Force with Life Force & Irritable Bowel tincture, a cleansing nutritive & digestive tonic.

Peachy Keen with A-B Heart & Life Force tincture to balance nerves & nourish the blood.

Berry Blast with A-B Heart & Elderberry tincture to soothe & balance.

Pomegranate Tart with Defend & Strengthen tincture. Boosts immune. *(contains Saint Johns Wort)*

Black Cherry Pie with Life Force tincture, a cleansing nutritive.

Herbal Cocktails \$3.⁷⁵ *sparkling on the rocks*

Immune Punch Echinacea & Elderberry tincture, Lemonade & a splash of pomegranate.

Chill Out A-B Heart tincture and Bilberry juice.

Best Defense Defend & Strengthen and Life Force tincture, with Black Cherry *(contains Saint Johns Wort)*.

Tummy Calm Irritable Bowel tincture with Pineapple juice.

Southern Cleanse Life Force & Elderberry tincture with Peach & Lemonade.

Herbal Shots \$4.⁰⁰ *served with a side of sparkling mineral water.*

Relax Bilberry with A-B Heart tincture to balance nerves & lighten spirit.

Immune Lemon Ginger with Echinacea tincture. A blast to the immune.

Purify Black Cherry with Life Force tincture, a cleansing nutritive.

Digest Pineapple with Irritable Bowel tincture.